



“It is only possible to live happily ever after on a day~to~day basis.”

Margaret Bonnano

Living through yesterday is no good and living for the future gives you false warm fuzzies. You must live today...not yesterday...not tomorrow, but today! Make today the day of your life. Make today happy. Make today the one!

Living through yesterday will kill you. “Remember the good old days”--this is a familiar saying that lots of people hang on too. The good old days are never coming back. And who says that today won't end up like the good old days. If you live every moment of every day, every day will end up like the good old days. What you have done in the past has no bearing on what you can do today. Yesterday was practice. Today you are getting better. So if

you had a bad yesterday, this in no way means you are going to have a bad today. You are doomed if you are living in the past, even (and especially) if your past was negative. And you are doomed if your past was positive. You'll always be playing catch up. Start today with a clean slate. Start today with a clean board. Create your today every day. Today is a fresh start!

So what do you do today to make it happy? I would first figure out how to find joy in every part of your day. Get up with a smile on your face. Make a conscious effort to wake up with a positive thought. Go to sleep the night before with something exciting you are doing tomorrow. If (in your mind) there is nothing

exciting, make something exciting. This sets the tone for the rest of the day. If you start out on the right foot, you'll continue that way.

Learn to see and feel the joy every day in everything you do. Seeing a baby is joy. Petting a puppy is joy. Sharing a smile with a stranger is joy. Ironing your clothes for the day is joy. Smelling fresh coffee is joy. Taking a shower is joy. Going to school to learn something new is joy. Talking with a friend is joy. The crisp spring weather is joy.



“Did You Know Where This Saying Came From...”

ANIMAL NAMES THAT ARE ALSO VERBS!!

Courtesy of Merriam-Webster

BADGER



The badger is a burrowing mammal of the weasel family. It's also the nickname for a resident of Wisconsin. As a verb, to badger means to harass or annoy someone persistently.

Fulminating about the canonical importance of Greedo not shooting first has metastasized into badgering fledgling stars off the internet for having the temerity to be female.

— **Chris Baker**, *Wired*, 18 Sept. 2018

While some animal names get used as verbs because the action is similar to something an animal does, that's not the case with a badger. More likely, it comes from the sport of baiting badgers, usually with dogs. (Appropriately, the verbs dog and hound can also mean “to harass or annoy.”)

FERRET



Ferret is the name of a small pest (or pet depending where in the world you are) that has descended from the European polecat. While it is now a pest, they used to be kept and used to flush out rabbits and other game animals of vermin that had burrowed underground.

That's how ferret came to be used as a verb (often followed by out) to mean “to find and bring to light by searching”:

She is a tenacious investigator, ferreting out stories from the wispiest hints — a rumor or a mysterious photograph.

— **Parul Sehgal**,
The New York Times, 3 Oct. 2018

SNIPE

A snipe is a slender-billed bird of the sandpiper family, though the term has applied to any of several game birds living in marshy areas. Just as a hunter hides in the reeds to hunt snipe, the verb to snipe means to shoot at someone from a concealed location or from far away.

From the world of military surplus, my friend Russell Thornberry had rescued a clunky contraption originally used to pinpoint targets for artillerymen. Russell had concluded that if you could use it to deliver a payload in combat, you could use it to aid in long-range rifle sniping of whitetails in eastern Alberta.

— **Gordon Whittington**,
North American Whitetail, 19 Sept. 2018

Like many other verbs of assault, snipe can also mean to criticize someone unfairly, in this case often in a way that can't be easily defended.

The campaigns of New Mexico's gubernatorial candidates sniped at each other in dueling television advertisements released Friday, but the candidates themselves largely played nice at an Albuquerque forum, trading no barbs and even expressing some agreement on social issues like diversity and representation in government in what amounted to more of a civil conversation than debate.

— **Tripp Stelnicki**,
The Santa Fe New Mexican, 16 Sept. 2018

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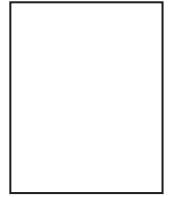
Turkey trivia quick facts — the speed round!

- Benjamin Franklin wanted the turkey to be the national bird of America, not the eagle.
- Americans eat 46 million turkeys each Thanksgiving.
- Neil Armstrong and Buzz Aldrin's first meal in space after walking on the moon was foil packets with roasted turkey.
- The heaviest turkey on record, according to the Guinness Book of Records, weighs 39 kilograms (kg).
- Californians consume the most turkey in the U.S. on Thanksgiving Day!
- Female turkeys (called hens) do not gobble. Only male turkeys gobble.
- The average turkey for Christmas weighs 7kg.
- Campbell's soup created green bean casserole for an annual cookbook 50 years ago. It now sells \$20 million worth of cream of mushroom soup.





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NEWSLETTER, NOVEMBER 2018

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Turkey Jokes

Q: Why did the turkey cross the road twice?

A: To prove he wasn't a chicken!

Q: Why did the police arrest the turkey?

A: They suspected fowl play.

Q: Why shouldn't you look at the turkey dressing?

A: Because it will make him blush.

Q: What would you get if you crossed a turkey with a ghost?

A: A poultrygeist!

Q: What happened when the turkey got into a fight?

A: He got the stuffing knocked out of him!

Q: What did the mother turkey say to her disobedient children?

A: If your father could see you now, he'd turn over in his gravy



Things To Do This Month...

- Plant vegetable garden
- Spray lawn for Onehunga weed (prickle weed)
- Spray house for flies
- Clean out gutters
- Start planning for your summer holiday
- Check your vehicle registrations and WOF are up to date
- Clean heat pump filters and screens

